

media min/km	tempo pistino 1 giro (488m)	tempo pistino 2 giri (976m)	tempo Giro lungo (1350m)	tempo Giro esterno (1292m)
02:55,0	01:25,4	02:50,8	03:56,2	03:46,1
03:00,0	01:27,8	02:55,7	04:03,0	03:52,6
03:05,0	01:30,3	03:00,6	04:09,7	03:59,0
03:10,0	01:32,7	03:05,4	04:16,5	04:05,5
03:15,0	01:35,2	03:10,3	04:23,3	04:11,9
03:20,0	01:37,6	03:15,2	04:30,0	04:18,4
03:25,0	01:40,0	03:20,1	04:36,7	04:24,9
03:30,0	01:42,5	03:25,0	04:43,5	04:31,3
03:35,0	01:44,9	03:29,8	04:50,2	04:37,8
03:40,0	01:47,4	03:34,7	04:57,0	04:44,2
03:45,0	01:49,8	03:39,6	05:03,8	04:50,7
03:50,0	01:52,2	03:44,5	05:10,5	04:57,2
03:55,0	01:54,7	03:49,4	05:17,2	05:03,6
04:00,0	01:57,1	03:54,2	05:24,0	05:10,1
04:05,0	01:59,6	03:59,1	05:30,7	05:16,5
04:10,0	02:02,0	04:04,0	05:37,5	05:23,0
04:15,0	02:04,4	04:08,9	05:44,3	05:29,5
04:20,0	02:06,9	04:13,8	05:51,0	05:35,9
04:25,0	02:09,3	04:18,6	05:57,8	05:42,4
04:30,0	02:11,8	04:23,5	06:04,5	05:48,8
04:35,0	02:14,2	04:28,4	06:11,3	05:55,3
04:40,0	02:16,6	04:33,3	06:18,0	06:01,8
04:45,0	02:19,1	04:38,2	06:24,8	06:08,2
04:50,0	02:21,5	04:43,0	06:31,5	06:14,7
04:55,0	02:24,0	04:47,9	06:38,3	06:21,1
05:00,0	02:26,4	04:52,8	06:45,0	06:27,6
05:05,0	02:28,8	04:57,7	06:51,7	06:34,1
05:10,0	02:31,3	05:02,6	06:58,5	06:40,5
05:15,0	02:33,7	05:07,4	07:05,2	06:47,0
05:20,0	02:36,2	05:12,3	07:12,0	06:53,4
05:25,0	02:38,6	05:17,2	07:18,8	06:59,9
05:30,0	02:41,0	05:22,1	07:25,5	07:06,4
05:35,0	02:43,5	05:27,0	07:32,2	07:12,8
05:40,0	02:45,9	05:31,8	07:39,0	07:19,3
05:45,0	02:48,4	05:36,7	07:45,8	07:25,7
05:50,0	02:50,8	05:41,6	07:52,5	07:32,2
05:55,0	02:53,2	05:46,5	07:59,3	07:38,7
06:00,0	02:55,7	05:51,4	08:06,0	07:45,1